

YAR is proud to endorse the 6th Annual Salem as a Safer Child Community Symposium

Presented by Salem State University's Center for Childhood and Youth Studies.

Bringing together community members, students, faculty, government leaders, businesses, NGOs, faith communities, and all others who want to help advocate for the wellbeing of children, youth and young adults.

**Wednesday, April 4, 2018
9 am–5 pm
Salem State University
Central Campus, Marsh Hall 210
Salem, MA 01970**

The Next Conversation: Mental health initiatives helping our youth—How do we get to 100 percent? Join leaders in the Commonwealth to learn what we are doing to address the mental health needs of our young citizens, identify where the gaps are, explore what we could be doing better and determine the next steps. What needs to be done so that 100 percent of our citizens get 100 percent of what they need to increase wellbeing and access to services?

The Center for Childhood and Youth Studies' Symposium is Free to the Public.

To register or for more information visit salemstate.edu/ccys18.

2018 YAR Conference Committee

- Jane Truesdell Ellis, *Attorney*
- Hailey MacDonald, *Pathways for Children*
- Jennifer Adams-LeBlanc, *Lahey Behavioral Health Services*
- Maria Avila, *MA Society for the Prevention of Cruelty to Children*
- Nicholas Bound, *Department of Youth Services*
- Christine Biscardi, *Juvenile Probation Officer, (retired)*
- Linnea Burrill, *Department of Children and Families*
- Missey Donohoe, *Lahey Health Behavioral Services*
- Taylor Dunn, *Advancement Events, Salem State University*
- Nancy Ebersole, *School of Nursing, Salem State University*
- Michelle Fyrer, *Department of Children and Families*
- Staci Gergely, *Salem Juvenile Court*
- Lyle Harrod, *DanversCARES and Salem State University Center for Childhood and Youth Studies*
- Lea Hill, DDS, *NE Regional Autism Services*
- Jenney Dale Holland, *Advancement Events, Salem State University*
- Kimberly Hutchins, *Psychotherapist and Clinical Consultant*
- Robert Lewis, *Child Welfare Consultant*
- Barbara Richards, *Department of Youth Services*
- Linda Richards, *Department of Mental Health*
- Fran Rosenberg, *Northshore Educational Consortium*
- Christine Shaw, *Merrimack College*
- Claire Valentin, *Children's Law Center of Massachusetts*
- Karen Wilk, *Educational Clinical Consultant*
- Jacqui Williams, *Department of Public Health, (retired)*

The mission of YAR is to support communities of professionals serving children, youth and families, and to provide them with affordable continuing education, collaborative networking and self-care opportunities. The 18th Annual Youth at Risk Conference features keynote speakers with over 30 morning and afternoon workshops.

NEW INDOOR, SPACIOUS LOCATION FOR KEYNOTE AND EXPOS.

**FRIDAY
JUNE 8**

**8 am–4 pm
Salem State University
O'Keefe Complex, 225 Canal Street**

Registration

Register by May 5—Fee \$100 per person

Price includes continental breakfast, lunch, and CEUs. Sign up early as workshop space is limited.

Registration is online only at salemstate.edu/yar. See in-depth workshop descriptions online.

Continuing Education

Applications for NASW, LMHC, CAFL, CPCS, CPCS, EEC, and NLN continuing education credits have been submitted for approval. Look for YAR conference emails for further information and visit salemstate.edu/yar for the status of CEU accreditation.

Networking and Exhibition

Participants will have an opportunity to network and gather resources from over 40 nonprofit organizations and businesses, including sponsors Salem State, Lahey Health, YMCA, and Merrimack College.

Sponsorships

To learn more about YAR sponsorship opportunities, please contact Taylor Dunn, Salem State University at tdunn@salemstate.edu.

Thank You To Our Sponsors (as of February):

Feature Sponsors

Peter and Elizabeth C. Tower Foundation
John W. Alden Trust

Presidential Sponsors

Margaret M. Collins Charitable Trust
YAR Endowment Fund of Essex County Community Foundation
Lahey Health
Lynch/van Otterloo YMCA

Benefactors

Belinda Fund of The Boston Foundation
Merrimack College Graduate School
Salem Five Charitable Foundation

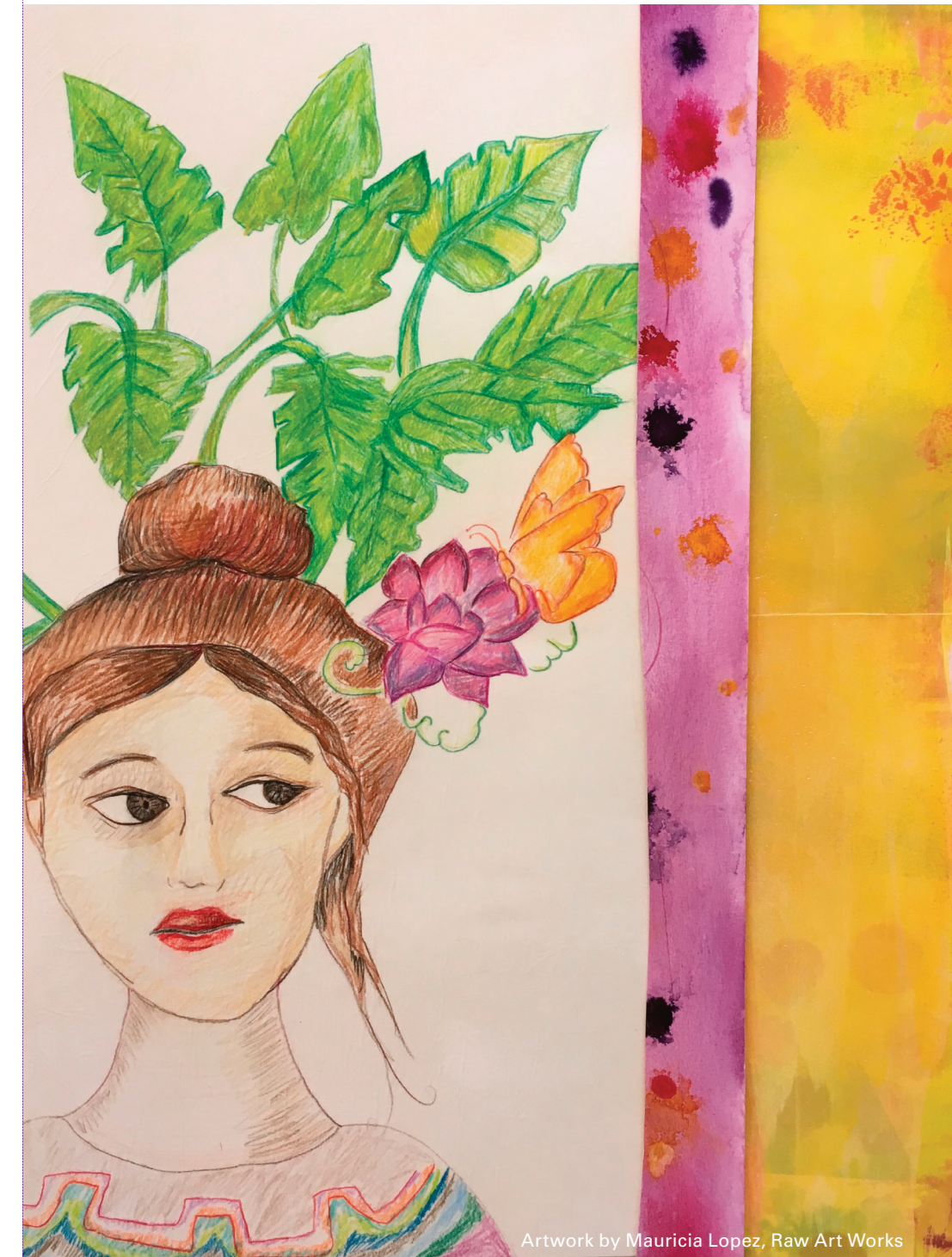


The Peter and Elizabeth C. TOWER Foundation



Youth At Risk

352 Lafayette Street
Salem, Massachusetts 01970-5353



Artwork by Mauricia Lopez, Raw Art Works

18TH YAR CONFERENCE
JUNE 8, 2018 // 8 am–4 pm

AGENDA

8–9 am // Registration, Continental Breakfast, Exhibition and Networking

9-9:15 am // Welcome:

Master of Ceremonies, Reverend Mike Duda
Greetings from Salem State University, President John D. Keenan

9:15-9:30 am // Diruhi Mattian Memorial Award

9:30-10:30 am // Morning Keynote: Recognizing Bias –A Journey to Self-Discovery: Debby Irving

Introduction by Jay D. Carey '04, '06G, '14G, Lynn Community Health Center



Through one woman's journey of self-discovery, recognize the potentially traumatic effect unwitting biases have on all the youth we serve. Debby Irving is a racial justice educator, author and public speaker. A community organizer and classroom teacher for 25 years, Debby grappled with racial injustice without understanding racism as a systemic issue or her own whiteness as an obstacle. In 2009, she began her journey of discovery and is now exploring the impact unknowing prejudice can have on perception, problem solving and creating culturally inclusive communities. Her first book, *Waking Up White*, tells the story of how she went from well-meaning to well-doing.

10:45 am–12:15 pm // Morning Workshops

Session descriptions are available online at salemstate.edu/YAR.
ADV indicates an advanced level workshop.

1A Recognizing Bias: Keynote Breakout Session

Debby Irving, MBA

2A The Impact of Screen Time on Child Development

Courtney Orelup, RN, Salem State University

3A Blind Spots: Examining Implicit Bias

Raul Fernandez, EdD, Boston University

4A Recognizing and Responding to Signs of Emerging Psychosis in Young People

Michelle West, PhD, CEDAR Clinic and Research Program, Beth Israel Deaconess Medical Center and Massachusetts Mental Health Center

5A The View from Within: Parents' Perspectives on Adolescent Addiction

Michelle Muffett-Lipinski, MEd, Northshore Recovery High School and Recovery High School Parent Panel

6A Unstrung Heroes: Balance is the Key!—PART 1

Jeanine Fitzgerald, MA, Fitzgerald Institute of Lifelong Learning

7A Special Education Eligibility and IEPs—Simplified

Sharon Stewart, MA, Tri-Town Schools (retired)

ADV 8A What's Hot? Updates on Essential Special Education Cases and Trends

Catherine Lyons, JD, Lyons and Rogers, LLC and Peter A. Hahn, JD, Attorney Peter A. Hahn

9A Know Your Rights: Immigration Enforcement

Emily Leung, JD, Massachusetts Law Reform Institute

10A Defining Consent in Sexual Assault

Cindy Baez, Beverly Police Department and Ross Steinborn, M.Div., YWCA Northeastern Massachusetts

11A Soul Care for Caregivers

Mike Duda, M.Div, First Church Wenham and Rachael Duda, MA, Children's Friend and Family Services a Division of Justice Resource Institute

12A Yoga for Emotional Balance

Stacey Lubets, BS, Lynch/van Otterloo YMCA

13A Walking the Walk: Engagement with Youth Leadership

Betsy Edes, BA, Department of Mental Health and Adriana Estevez, MEd, Wraparound/Drop-in Center Director, You Forward- Children's Friend and Family Services of Justice Resource Institute

14A Disaster Mental Health 101: An Overview of Psychological First Aid

Nanci Gitley Butler, LICSW, Riverside Trauma Center

ADV 15A Practical Strategies to Improve Executive Function Skills

Sarah Ward, MS, CCC/SLP, Cognitive Connections, LLP

ADV 16A School Avoidance and Anxiety: A Trauma-Based Framework

Matthew Doyle, LICSW Castle Hill Counseling & Consulting, Inc.

17A Community Approach to Strengthening Families

Karla Walker, BS, Suffolk County Sheriff Department and Julia Mejia, BA, CPLAN

18A From Addiction to Prevention

Andrew Short, BA, The Improbable Players

19A Reflections of a Transracial Adoptee Using the Author's

Harris Racial Identity Theory

Susan Harris O'Connor, LICSW

12:15–1 pm // Lunch and Networking

1–1:15 pm // Music Performance: DYS Youth with Craig Lawrence

1:15–2:05 pm//Afternoon Keynote: A Story of Resiliency and Strength: Brian Castellanos



Whether it was losing both his mother and brother to cancer, growing up in an environment plagued by poverty, facing homelessness, or being told by a team of doctors that he was never going to be able to walk again, Brian Castellanos' attitude and spirit never wavered, and he overcame. It is this courage and resilience that continues to drive his commitment and passion for giving back to others. Brian's story is of hope; one of someone who confronted the odds and battled through many hardships to be where he is today.

2:15–3:45 pm // Afternoon Workshops:

ADV 1B An In-Depth Look at Eating Disorders

Rachel Benson Monroe, LMHC, Multiservice Eating Disorders Association

ADV 2B Supporting LGBTQ Young People at Home, School and in the Community

Zachary Kerr, BSW, Massachusetts Safe Schools Program for LGBTQ Students

ADV 3B Blind Spots: Examining Implicit Bias for Supervisors

Raul Fernandez, EdD, Boston University

ADV 4B What is Psychosis? Understanding Early Symptoms, Barriers to Care and Connecting Young People with Supports

Michelle West, PhD, CEDAR Clinic and Research Program, Beth Israel Deaconess Medical Center, and Massachusetts Mental Health Center and Meghan Graham, LMHC, CEDAR Clinic and Research Program, Beth Israel Deaconess Medical Center and Massachusetts Mental Health Center

5B The Real Deal...Graduates of Northshore Recovery High School

Michelle Muffett-Lipinski, MEd, Northshore Recovery High School and Graduates of Recovery High School Panel

6B Unstrung Heroes: Balance is the Key!—PART 2

Jeanine Fitzgerald, MA, Fitzgerald Institute of Lifelong Learning

7B Parenting in "America:" A Framework for Working with Immigrant Parents

Cristina Pachano, LMHC, Parenting Journey

8B Innovative Strategies and Technology to Reach All Learners

Karen Janowski, MS.Ed, EdTech Solutions Inc.

9B Immigrants and Public Benefits

Emily Herzig, Northeast Justice Center and Jennifer Juste, JD, Northeast Justice Center

10B Understanding and Responding to Victims of Commercial Sexual Exploitation of Children

Katryn Haley-Little, LICSW, My Life My Choice

11B Healthy Me—Healthy World Enrichment Program for Youth in Community Settings

Robin Leger, RN, PhD, Salem State University

12B Caring for You! Secondary Trauma as a Caretaker

Nickey Mullens, LMHC, Lahey Health Behavioral Services and Aine Greaney, MA, Lahey Health Behavioral Services

13B Confidentiality: What and How to Share?

Hon. Sally Padden, JD, Supreme Judicial Court and Interdisciplinary Panel

14B ALICE—A Proactive Response to an Active Shooter

Andre Gonzalez, Tewksbury Police Department

15B Who is in Charge of this Child's Education, Anyway?: Sorting through District, Agency, and Parent Responsibility for School Services, Placement, and Transportation

Jessica Berry, JD, MSW, Children's Law Center of Massachusetts;
Colby Blunt, JD, Stoneman, Chandler & Miller LLP;
Karen Collins, MS, Department of Children and Families;
Brian Pariser, JD, Department of Children and Families;
Linda Richards, LICSW, Department of Mental Health

16B Building a Safe Harbor: Providing Mental Health Support in Schools

Craig Harris, EdS, Swampscott Public Schools

17B Immigrant Family Preparing for Uncertainty

Emily Leung, JD, Massachusetts Law Reform Institute and Jamie Sabino, JD, Massachusetts Law Reform Institute

18B Let's Talk About Race, Culture, and Ethnicity

Omar Longus, MA, Salem High School and Erga Pierrette, 1Race, Inc.

19B School, Police, and Community Partnership Discuss Reformativ Justice Strategies

Stacey Forni, Moderator, Det. Saugus PD
Jonathan Armano, Ofc. Lawrence PD, School Resource Officer
Ed Hathon, Ofc. Beverly PD, School Resource Officer
Greg Hudon, Lt. Lowell PD
Oren Wright, Ofc. Lynn PD, Lynn Public Schools

CEU's awarded electronically upon completion of conference survey

WE ARE PROUD TO ANNOUNCE A
**PARTNERSHIP
WITH THE YMCA**
OF THE NORTH SHORE TO PROMOTE
SELF-CARE AND MINDFULNESS.



The Lynch/van Otterloo YMCA, less than one mile from campus with free parking, will be providing attendees the following exclusive opportunities on the day of the conference. Space is limited, register early! Choose from:

- One day trial pass valid for all classes and fitness areas, except the outdoor pool, from 5 am–10 pm.
- Or one of the following group fitness classes. Showers are available for use.

Y CYCLE EXPRESS
5:45-6:30 AM

MUSCLE CONDITIONING
7:15-8:10 AM

RESTORATIVE YOGA
7:30-8:30 AM

SAVE THE DATE
August 25, 2018

Self-care day on Children's Island hosted by Lynch/van Otterloo YMCA
At-risk youth professionals will be invited free of charge! More info to follow.